

**ELEMENTAL NANOPARTICLES  
OF SUBSTANTIALLY WATER INSOLUBLE MATERIALS**

By EmadEldin M. Hassan

**CROSS-REFERENCE TO RELATED APPLICATIONS**

[001] This Application is a Continuation-in-Part of United States Patent Application Serial No. 09/748,803 filed December 22, 2000, which is copending.

**FIELD OF THE INVENTION**

[002] This invention relates to nanoparticles of substantially water insoluble materials, methods of preparation, and use thereof. In particular, the invention relates to nanoparticles of therapeutic and diagnostic agents, method of preparation thereof, and pharmaceutically useful dispersions containing these nanoparticles. This invention further relates to methods of treatment using these nanoparticles.

**BACKGROUND OF THE INVENTION**

[003] Nanoparticles of substantially water insoluble materials (*i.e.* materials that have water solubility of less than 0.1%) have a wide variety of applications, including therapeutic and diagnostic agents, pigments, paints such as water-based paints, inks, dyes, semiconductors, photographic material, cosmetic ingredients, support material and toner material. In most cases, performance of these nanoparticles dramatically improves as the nanoparticle size is reduced to 200 nanometers or less. Nanoparticles of therapeutic and diagnostic agents, in particular of a pharmaceutical compound ("drug") are customarily delivered with a solid or liquid carrier. Liquid containing nanoparticles such as emulsions, micro-

emulsions and liposomes, however, usually suffer from the inherent physical instability of fluids resulting from globule dissociation. Solid polymeric or lipid nanoparticles have more structural stability, yet the rate of biodegradation of the nanoparticles and/or controlled release of the agent in the nanoparticles may not take place as intended, thereby adversely affecting optimal agent delivery and targeting. In addition, only a relatively small amount of the agent or drug can be encapsulated in fluid or solid carriers, requiring large, and sometimes impractical size dosages.

[004] Carrier-free nanoparticles, made entirely of a water insoluble therapeutic agent or drug, have been introduced as an alternative solution for the above limitations and drawbacks. There are two major techniques described in the prior art, to produce solid drug nanoparticles. These techniques are known as wet grinding, and antisolvent precipitation. Other general techniques for nanoparticle formation, such as solvent evaporation and emulsion polymerization, are either not suitable or have not proved to be successful in making carrier-free drug nanoparticles.

[005] Wet grinding involves the mechanical crushing of brittle crystalline drug particles, using hard beads made of glass, porcelain, zirconium oxide, or similar materials (of about 1–2 mm diameter), and aqueous solution of a hydrophilic material. The hydrophilic solution, which can be a surface active agent, surface modifier, or surface stabilizer, prevents aggregation or caking of the ground particles. An aggregate or a cake of drug particles is usually elastic in nature due to entrapped air or liquid within the void spaces between the particles and is not

susceptible to further size reduction by bead bombardment. Accordingly, the wet grinding technique is not suitable for making nanoparticles from elastic materials. In addition, because the hard grinding beads can erode during grinding, remnants of the grinding beads can become incorporated in the nanoparticles, causing particle contamination.

[006] The liquid antisolvent technique involves dissolving the water insoluble compound in suitable organic solvent, and diluting that solution with a non-solvent, which is miscible in the solution. The non-solvent neither dissolves the compound nor causes its precipitation from the original solvent. Solid nanoparticles are then generated by carefully controlling the precipitation step by addition of an antisolvent liquid (usually water or an aqueous solution). Since the formation of the nanoparticles is solely dependent on the diffusion of totally miscible liquids under non-structural geometry, or boundaries, resultant particle size, surface, and shape are critically sensitive to minimal changes in the precipitation conditions. The drawbacks of this process are that it is difficult to control and requires considerable preparation. Recently, the use of a supercritical fluid antisolvent, such as pressurized carbon dioxide, gained considerable attention because of the simpler clean up and recovery of the nanoparticles. However, supercritical fluid precipitation requires high pressure, which greatly increases the difficulty in controlling the process.

[007] It would be desirable to have an alternative method for the preparation of substantially water insoluble nanoparticles without the drawbacks of the prior art methods.

### **SUMMARY OF THE INVENTION**

[008] According to one aspect, this invention provides a method of making nanoparticles of substantially insoluble water compounds and more specifically, nanoparticles of a water insoluble pharmaceutical compound (or "drug") from an emulsion in which a solution of said material forms the globules of the dispersed phase. These emulsions are readily transformed into a single uniform liquid phase, in which nanoparticles of the diagnostic or therapeutic agent are suspended, upon further dilution with the external or continuous phase. The resulting dispersed solid nanoparticles are generally less than 200 nm average diameter.

[009] An advantageous feature of this invention is that therapeutic or diagnostic nanoparticles so produced can be utilized for intravascular injections to treat or diagnose local or systemic diseases. Another advantageous feature is that extravascular injections containing these particles can provide controlled release of the drug at the site of injection for prolonged drug effects, and minimize multiple dosing. Yet another advantage of this invention is improved drug transport across absorption barriers such as mucosal gastrointestinal barriers, nasal, pulmonary, ophthalmic, and vaginal membranes, and other distribution barriers, such as the blood — tissue and blood — tumor barriers of various organs and tissues. For example, anticancer nanoparticles of less than 50 nm diameter can migrate through the compromised, more permeable vascular bed to reach tumor tissues. Once the nanoparticles are inside the tumor tissue they will provide local cytotoxic action against the tumor cells. In the case of highly protected organs such as the brain, with its tight vascular bed surrounding the normal tissues, drug nanoparticles will

preferentially concentrate in the tumor tissue, with minimal or no toxicity to the healthy brain tissue. A further advantage of this invention is the improved oral bioavailability of poorly absorbed drugs.

**DETAILED DESCRIPTION  
OF THE INVENTION AND PREFERRED EMBODIMENTS**

[010] The formation of oil-in-water or water-in-oil emulsions is a well-known process. Emulsions suitable for generating nanoparticles of therapeutic or diagnostic agent in accordance with this invention comprise a dispersed or internal phase in which the agent is totally soluble, an appropriate emulsifier, *e.g.*, a surfactant, and a continuous or external phase with limited solubilizing affinity to the dispersed phase.

[011] While not intending to be confined by a particular theory, the nanoparticles described above appear to be formed by the following mechanism. After emulsification, the system comprises generally spherically shaped globules of agent surrounded by a protective sheath of emulsifier molecules. Those globules are dispersed throughout a bulk of the external phase. The emulsion will be intact as long as the protective sheath is intact and the external phase cannot dissolve the molecules of agent in the dispersed phase. Further dilution of the emulsion with the external phase will cause the sheath to become thinner, allowing the external phase to dissolve some or all of the internal phase globules. The dissolution of the internal phase globules in the external phase results in the production of nanometer-sized particles of the therapeutic or diagnostic agent. Aside from the novel procedure by which these nanoparticles are formed, a fundamental and unique

feature of this invention is that precipitation of solid drug nanoparticles from the emulsion globules provides ultimate control over nanoparticle size because the resulting nanoparticles are less than or at least similar to the globule size of the initial emulsion.

[012] Unlike the wet grinding technique, this invention can be practiced with a wide variety of therapeutic and diagnostic agents in either the crystalline or the amorphous state. Therapeutic and diagnostic agents with the following utilities can be employed in this invention:

antineoplastic	hormone
antimicrobial	hormone antagonist
antiviral	cardiac glycoside
anticoagulant	immunosuppressant
antihypertensive	beta-blocker
antihistamine	H <sub>2</sub> O -- insol. vitamin
antimalarial	hypoglycemic agent
contraceptive	hyperglycemic agent
antiepileptic	analgesic
depressant	tranquilizer
antidepressant	mood-altering drug
adrenocortical steroid	

[013] Examples of agents that are useful include substances capable of treating or preventing an infection systemically or locally, as for example, antibacterial agents such as penicillin, cephalosporins, bacitracin, tetracycline, doxycycline, quinolones, clindamycin, and metronidazole; antiparasitic agents such as quinacrine, chloroquine and vidarabine; antifungal agents such as nystatin; antiviral agents such as acyclovir, ribarivin and interferons; anti-inflammatory agents such as hydrocortisone and prednisone; analgesic agents such as salicylic acid, acetaminophen, ibuprofen, naproxen, piroxicam, flurbiprofen and morphine; local anesthetics such as lidocaine, bupivacaine, benzocaine, and the like; immunogens

(vaccines) for stimulating antibodies against hepatitis, influenza, measles, rubella, tetanus, polio and rabies; peptides such as leuprolide acetate (an LH-RH agonist), nafarelin and ganirelix.

[014] Also useful is a substance or metabolic precursor thereof, which is capable of promoting growth and survival of cells and tissues or augmenting the functioning of cells, as for example, a nerve growth promoting substance such as a ganglioside, a nerve growth factor, and the like; a hard or soft tissue growth promoting agent such as fibronectin (FN), human growth hormone (HGH), a colony stimulating factor, bone morphogenetic protein, platelet-derived growth factor (PDGF), insulin-derived growth factor (IGF-I, IGF-II), transforming growth factor-alpha (TGF-a), transforming growth factor- $\beta$  (TGF- $\beta$ ), epidermal growth factor (EGF), fibroblast growth factor (FGF) and interleukin-1 (IL-1); an osteoinductive agent or bone growth promoting substance such as bone chips and demineralized freeze-dried bone material; and antineoplastic agents such as methotrexate, 5-fluoroacil, adriamycin, vinblastine, cisplatin, tumor-specific antibodies conjugated to toxins and tumor necrosis factor.

[015] Other useful substances include hormones such as progesterone, testosterone, and follicle stimulating hormone (FSH) (birth control, fertility-enhancement), insulin metal complexes and somatotropins; antihistamines such as diphenhydramine and chlorpheniramine; cardiovascular agents such as digitalis glycosides, papaverine and streptokinase; anti-ulcer agents such as cimetidine, famotidine and isopropamide iodide; vasodilators such as theophylline, B-adrenergic blocking agents and minoxidil; central nervous system agents such as dopamine;

antipsychotic agents such as risperidone, olanzapine; narcotic antagonists such as naltrexone, maloxone and buprenorphine.

[016] Preferred therapeutic and diagnostic agents are water insoluble anticancer drugs such as carmustine (BCNU) and paclitaxel, antiviral drugs such as azidothymidine (AZT) and other nucleosides, HIV Protease inhibitors such as saquinavir and zidovudine, immunomodulating agents such as cyclosporine, natural and synthetic hormones and hormone regulators such as contraceptives. Light imaging contrast materials for x-ray imaging such as iodinated materials (Iodopamide derivatives), Magnetic Resonance imaging contrast agents such as metal oxides (Iron  $\text{Fe}_3\text{O}_4$  and  $\text{Fe}_2\text{O}_3$ ) and markers for diagnostic nuclear medicine used in scintigraphy as radio-labeled Technetium sulphur or Technetium oxide. Other preferred therapeutic agents are steroidal and non-steroidal anti-inflammatory agents such as hydrocortisone, prednisolone, ketoprofen, celecoxib and ibuprofen. Further preferred therapeutic agents are centrally acting medicines such as antiseptics, antidepressants and sedatives and cardiovascular drugs such as anti-hypertensives and blood lipid lowering agents. Particularly preferred therapeutic agents are water insoluble anticancer drugs, hormones, analgesics, cardiovascular, antimicrobial or antiviral agents. This technique is also suitable for immune modulators and drugs that are soluble in dilute acids or bases. Methotrexate is a preferred drug substance that is soluble in dilute alkaline solutions.

[017] A pharmaceutical compound or agent used in accordance with this invention is typically a therapeutic agent or a diagnostic imaging agent. The agent is



also typically either a poorly water soluble drug, an essentially water insoluble drug or an insoluble drug.

[018] In a preferred form, the pharmaceutical agent is selected from the group consisting of anesthetic agents, ace inhibiting agents, antithrombotic agents, anti-allergic agents, antibacterial agents, antibiotic agents, anticoagulant agents, anticancer agents, antidiabetic agents, antihypertension agents, antifungal agents, antihypotensive agents, anti-inflammatory agents, antimitotic agents, antimigraine agents, antiparkinson agents, antirheumatic agents, antithrombins, antiviral agents, beta blocking agents, broncho spasmolytic agents, calcium antagonists, cardiovascular agents, cardiac glycosidic agents, carotenoids, cephalosporins, contraceptive agents, cytostatic agents, diuretic agents, enkephalins, fibrinolytic agents, growth hormones, immunosuppressants, insulins, insulin salts including insulin zinc, interferons, lactation inhibiting agents, lipid-lowering agents, lymphokines, neurologic agents, prostacyclins, prostaglandins, psycho-pharmaceutical agents, protease inhibitors, magnetic resonance diagnostic imaging agents, reproductive control hormones, sedative agents, sex hormones, somatostatins, steroid hormonal agents, vaccines, vasodilating agents, and vitamins.

[019] In another preferred form, the pharmaceutical agent is selected from the group consisting of albendazole, albendazole sulfoxide, alfaxalone, acetyl digoxin, acyclovir, acyclovir analogs, aiprostadil, aminofostin, anipamil, antithrombin III, atenolol, azidothymidine, beclobrate, beclomethasone, belomycin, benzocaine, benzocaine derivatives, beta carotene, beta endorphin, beta interferon, bezfibrate, binovum, biperiden, bromazepam, bromocriptine, bucindolol, buflomedil,

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bupivacaine, busulfan, cadralazine, camptothecin, canthaxanthin, captopril, carbamazepine, carboprost, cefalexin, cefalotin, cefamandole, cefazedone, cefluoroxime, cefinenoxime, cefoperazone, cefotaxime, cefoxitin, cefsulodin, ceftizoxime, chlorambucil, chromoglycinic acid, ciclonicate, ciglitazone, clonidine, cortexolone, corticosterone, cortisol, cortisone, cyclophosphamide, cyclosporin A, cyclosporins, cytarabine, desocryptin, desogestrel, dexamethasone esters, dezocine, diazepam, diclofenac, dideoxyadenosine, dideoxyinosine, digitoxin, digoxin, dihydroergotamine, dihydroergotoxin, diltiazem, dopamine antagonists, doxorubicin, econazole, endralazine, enkephalin, enalapril, epoprostenol, estradiol, estramustine, etofibrate, etoposide, Factor IX, Factor VIII, felbamate, fenbendazole, fenofibrate, flunarizin, flurbiprofen, 5-fluorouracil, flurazepam, fosfomycin, fosmidomycin, furosemide, gallopamil, gamma interferon, gentamicin, gepefrine, gliclazide, glipizide, griseofulvin, haptoglobulin, Hepatitis B vaccine, hydralazine, hydrochlorothiazide, hydrocortisone, ibuprofen, ibuprofen, indinavir, indomethacin, iodinated aromatic x-ray contrast agents, iodamide, ipratropium bromide, ketoconazole, ketoprofen, ketotifen, ketotifen fumarate, K-strophanthin, labetalol, lactobacillus vaccine, lidoflazin, lisuride, lisuride hydrogen maleate, lorazepam, lovastatin, mefenamic acid, melphalan, memantin, mesulergin, metergoline, methotrexate, methyl digoxin, methylprednisolone, metronidazole, metisoprenol, metipranolol, metkephamide, metolazone, metoprolol, metoprolol tartrate, miconazole, miconazole nitrate, minoxidil, misonidazole, molsidomin, nadolol, nafiverine, nafazatrom, naproxen, natural insulins, nesapidil, nicardipine, nicorandil, nifedipine, niludipin, nimodipine, nitrazepam, nitrendipine, nitrocamptothecin, 9-

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nitrocamptothecin, oxazepam, oxprenolol, oxytetracycline, penicillins, penicillin G benethamine, penicillin O, phenylbutazone, picotamide, pindolol, pivosulfan, piretanide, piribedil, piroxicam, pirprofen, plasminogen activator, prednisolone, prednisone, pregnenolone, procarbacin, procaterol, progesterone, proinsulin, propafenone, propranolol, propentofyllin, propranolol, rifapentine, simvastatin, semi-synthetic insulins, sobrerol, somastatine, somatropin, stilamine, sulfinalol hydrochloride, sulfinpyrazone, suloctidil, suprofen, sulproston, synthetic insulin, talinolol, taxol, taxotere, testosterone, testosterone propionate, testosterone undecanoate, tetracane HCl, tiaramide HCl, tolmetin, tranilast, triquilar, tromantadine HCl, urokinase, valium, verapamil, vidarabine, vidarabine phosphate sodium salt, vinblastine, vinburin, vincamine, vincristine, vindesine, vinpocetine, Vitamin A, and Vitamin E succinate.

[020] In yet another preferred form, the pharmaceutical agent is selected from the group consisting of acyclovir, alprazolam, altretamine, amiloride, amiodarone, benztropine mesylate, bupropion, carbergoline, candesartan, cerivastatin, chlorpromazine, ciprofloxacin, cisapride, clarithromycin, clonidine, clopidogrel, cyclobenzaprine, cyproheptadine, delavirdine, desmopressin, diltiazem, dipyridamole, dolasetron, enalapril maleate, enalaprilat, famotidine, felodipine, furazolidone, glipizide, irbesartan, ketoconazole, lansoprazole, loratadine, loxapine, mebendazole, mercaptopurine, milrinone lactate, minocycline, mitoxantrone, nelfinavir mesylate, nimodipine, norfloxacin, olanzapine, omeprazole, penciclovir, pimozide, tacolimus, quazepam, raloxifene, rifabutin, rifampin, risperidone, rizatriptan, saquinavir, sertraline, sildenafil, acetyl-sulfisoxazole, temazepam,

thiabendazole, thioguanine, trandolapril, triamterene, trimetrexate, troglitazone, trovafloxacin, verapamil, vinblastine sulfate, mycophenolate, atovaquone, proguanil, ceftazidime, cefuroxime, etoposide, terbinafine, thalidomide, fluconazole, amsacrine, decarbazine, teniposide, and acetylsalicylate.

[021] In a separate embodiment, the solid substance produced by the process of the invention may be a pigment, a photographic material, a cosmetic ingredient, a support material and a toner.

[022] Once the principle of the invention is understood, people experienced in the field can select suitable emulsion systems for each agent. Preferred emulsion systems are triethyl citrate-water, dimethylsulphoxide-triglyceryl cabroate and ethyl citrate-water. Alkaline or acidic aqueous solutions comprising triethyl citrate are especially useful for emulsion systems for agents of pH-selective solubility. Acids in liquid form, such as hydrochloric, acetic, phosphoric, and lactic acids are preferred for acid soluble agents. Ammonium hydroxide, triethanolamine and ethylenediamine are preferred for alkali-soluble agents.

[023] In a preferred form for using this method for producing nanoparticles of pharmaceutical agents, the emulsion system will contain an alcohol having between 2 and 10 carbon atoms. The alcohol will be present in a concentration in water of about 5% to about 95%, and preferably from about 10% to about 70%.

[024] The choice of a suitable emulsifier or a combination of emulsifiers can readily be made by those in the field.

**Surfactants**

[025] Surfactants which may be used for this purpose have preferably HLB value of 1 to about 20. Examples of them are as follows:

[026] (a) Reaction products of natural or hydrogenated vegetable oils, and ethylene glycol; *i.e.*, polyoxyethylene glycolated natural or hydrogenated vegetable oils: for example polyoxyethylene glycolated natural or hydrogenated castor oils. Surfactants commercialized under the trade names Cremophor RH-40, Cremophor RH60, Cremophor EL, Nikkol HCO-40 and Nikkol HCo-60 may be used in the composition according to the present invention. Cremophor RH40 and Cremophor EI are preferred.

[027] (b) Polyoxyethylene sorbitan fatty acid esters: *e.g.*, mono- and tri-lauryl, palmityl, stearyl and oleyl esters; *e.g.* products of the trade name "Tween," which includes polyoxyethylene sorbitan mono-laurate (Tween ), polyoxyethylene sorbitan mono-palmitate (Tween 40), polyoxyethylene sorbitan mono-oleate (Tween 80), *etc.* depending on the kind of fatty acid. Tween 20 and Tween 40 can be used preferably in the composition according to the present invention.

[028] (c) Polyoxyethylene fatty acid esters: for example, polyoxyethylene stearic acid esters of the type known and commercially available under the trade name Myrj as well as polyoxyethylene fatty acid esters known and commercially available under the trade name "Cetiol HE."

[029] (d) Polyoxyethylene-polyoxypropylene co-polymers: *e.g.* of the type known and commercially available under the trade names "Pluronic" and "Emkalyx."

[030] (e) PEO-PPO block co-polymers: *e.g.* of the type known and commercially available under the trade name "Poloxamer."

[031] (f) Dioctylsuccinate, dioctylsodiumsulfosuccinate, di-[2-ethylhexyl]-succinate or sodium lauryl sulfate.

[032] (g) Phospholipids, in particular lecithins: especially, soybean lecithin.

[033] (h) Surfactants such as non-ionic polyoxyethylene fatty acid derivatives, in particular, polyoxyethylene sorbitan fatty acid esters (spans) such as sorbitan sesquiolate are preferred for use as emulsifiers.

[034] Emulsification is usually performed by applying mechanical force to break down the internal phase liquid into small globules, in the range of 10 to 200 nm, more preferably less than 200 nm, and even more preferably less than 50 nm in diameter, and molecules of surfactant molecules forming a barrier between the globules and the bulk of the external liquid. Such mechanical force can be applied by mechanical stirring, ultrasonic probes, or by passing the emulsion components through narrow space, as in the case of colloidal mills, or through narrow tubes, valves or orifices. The preferred emulsification technique is passing the liquid through narrow tubes.

[035] To obtain solid nanoparticles, the emulsion should be diluted to allow total miscibility of the liquid dispersed phase inside the continuous phase. The miscibility of the liquid dispersed phase is accompanied by the formation of the nanoparticles from the resulting one liquid phase system. The dilution step can be carried out with either an additional portion of the continuous phase solution or a liquid that is miscible with both the dispersed and continuous phases. Diluting with the same continuous phase solution is preferred.

[036] Separation of nanoparticles can be performed using dialysis, filtration, centrifugation, or other known techniques. Nanoparticles can then be formulated into a suspension dosage form according to standard procedures in the art for injection or non-injection use. Nanoparticles can also be dried and reconstituted prior to use.

[037] The composition of this invention enables sustained, continuous delivery of drugs, medicaments and other biologically active agents to tissues adjacent to or distant from an administration site. The biologically-active agent is capable of providing a local or systemic biological, physiological or therapeutic effect. For example, the agent may act to control infection or inflammation, enhance cell growth and tissue regeneration, control tumor growth or enhance bone growth, among other functions.

[038] The nanoparticles of the invention can be administered using a pressure applicator such as injection into tissue through a syringe, needle, pump or similar article or by techniques known for delivering medication to parts of the

human body, such as orally in a suspension, hard or soft capsules, or by topical application on the skin, to the eye, or into a mucous membrane or body cavity.

[039] The nanoparticles of therapeutic or diagnostic agent are administered in an amount effective to provide the desired level of biological, physiological, pharmacological and/or therapeutic effect. The active agent may stimulate or inhibit a biological or physiological activity. There is generally no critical upper limit on the amount of the agent being administered. The concentration of the bioactive agent should not be so high that the composition has a consistency that inhibits its delivery to the administration site by the desired method. The lower limit of the amount of agent will depend on the activity of the agent and the period of time desired for treatment. The agent is gradually released by dissolution of the nanoparticles.

[040] For further examples of agents that may be used in the present invention, see U.S. Pat. No. 5,324,519, the entire disclosure of which is incorporated by reference herein.

[041] The invention is further described below with reference to various specific and preferred embodiments and techniques. The following examples are presented for illustration purposes only and are not to be taken as limiting the present invention in any way.

#### **EXAMPLE 1**

[042] Progesterone nanoparticles with average diameter of 12.6 nm, as determined by dynamic light scattering technique, were produced as follows:

[043] 180 milligrams of progesterone were dissolved in five milliliters of triethylcitrate by heating at 60° C. Five grams of Chromophore EL (Sigma, St.



Louis, MO) used as the emulsifier were mixed with forty (40) milliliters of water at 60° C, and the mixture was added to the progesterone solution. An oil-in-water emulsion was made by passing the above mixture through a high-pressure homogenizer (Avestin, Inc., Ottawa, ON, Canada). Ten milliliters of the formed emulsion were immediately diluted with fifty milliliters of water while stirring. Progesterone nanoparticles were separated by centrifugation.

#### **EXAMPLE 2**

[044] Methotrexate nanoparticles with an average diameter of 198 nm, as determined by dynamic light scattering technique, were produced according to this invention. Fifty milligrams of methotrexate were dissolved in five milliliters of 0.1% ammonium hydroxide aqueous solution with a pH value adjusted to 9.0 with acetic acid. Five grams of sorbitan sesquioleate (Arlacel 83, ICI Americas Inc.) was then mixed with forty milliliters of triethylcitrate at 50° C and the mixture was added to the methotrexate solution. A water-in-oil emulsion was made by passing the above mixture through a high-pressure homogenizer (Avestin, Inc., Ottawa, ON, Canada). Ten milliliters of the formed emulsion were immediately diluted with fifty milliliters of triethylcitrate containing 0.1% (v/v) acetic acid while stirring. Methotrexate nanoparticles were separated by centrifugation.

#### **EXAMPLE 3**

[045] Testosterone nanoparticles with an average diameter of 32 nm, as determined by dynamic light scattering technique, were produced as follows:

[046] Two hundred milligrams of testosterone were dissolved in five milliliters of triethyl citrate. Five grams of Chromophore EI were then mixed with forty

milliliters of distilled water at 50° C and the mixture was added to the testosterone solution. An oil-in-water emulsion was made by passing the above mixture through a high-pressure homogenizer (Avestin, Inc., Ottawa, ON, Canada). Ten milliliters of the formed emulsion were immediately diluted with fifty milliliters of water while stirring. Nanoparticles were separated by centrifugation.

**EXAMPLE 4**

[047] Ibuprofen nanoparticles with an average diameter of 49 nm, as determined by dynamic light scattering technique, were produced as follows:

[048] Five hundred milligrams of ibuprofen were dissolved in five milliliters of triethyl citrate. Five grams of Chromophore EI were then mixed with forty milliliters of distilled water at 50° C and the mixture was added to the ibuprofen solution. An oil-in-water emulsion was made by passing the mixture through a high-pressure homogenizer (Avestin, Inc., Ottawa, ON, Canada). Ten milliliters of the formed emulsion were immediately diluted with fifty milliliters of water while stirring. Nanoparticles were separated by centrifugation.

[049] While certain embodiments of the present invention have been described and/or exemplified above, various other embodiments will be apparent to those skilled in the art from the foregoing disclosure. The present invention is, therefore, not limited to the particular embodiments described and/or exemplified, but is capable of considerable variation and modification without departure from the scope of the appended claims.